

World Cup, Local Championships and Swedish Championships in Biathlon Orienteering August 28th and 29th 2010

At the request of Swedish Multisport Federation and Multisport Federation of West Sweden

OK Gipen and Kungälv's OK invite to:

Open championships for MKF Väst classic august 28th and open Swedish championships sprint august 29th. Both competitions are included in the World Cup and the Swedish Cup. Competition centre will be at Thorskog, 1 km north of Thorskog Manor, road 625 between Kungälv and Lilla Edet.

Saturday August 28th Classic competition

Weapons control at shooting range from 12.00

Sighting shooting at shooting range 12.30-14.00

First start at 14.00

Classes: According to the competitions rules plus M14, W14, M12, W12

The competition will be arranged without stops. Location orienteering – shooting prone – orienteering – shooting standing - finish. Classes up to and including MW 16 only has prone shooting (no standing shooting).

Location orienteering: Up to and including MW14 approx 1,5km others approx 3 km.

Map: Thorskog, changed 2009, scale 1:10 000, equidistance 5m, colour laser printed.

Sunday august 29th Sprint competition

Weapons control at the shooting range from 08.00

Sighting shooting at the shooting range 08.30 – 09.30

First start at 10.00

Classes: According to the competition rules plus MW 12 and MW 14.

The competition will take place without stops. Orienteering – prone shooting (penalty laps) – orienteering – standing shooting (penalty laps) – finish.

Up to and including MW 14 prone shooting (penalty laps) – orienteering – prone shooting (penalty laps) - finish.

Map: Thorskog, changed 2009, scale 1:7500, equidistance 5m, colour laser printed.

On the same competition centre there will also be a classic orienteering arranged by OK Gipen, GÖTAÄLVDALSTRÄFFEN.

In common:

Shooting: MW up to 14 airgun against self marking targets. Other classes 22 long rifles against self marking targets.

Terrain: Moderate hilly with vary run ability.

Control

system: Sportident. Please indicate each competitor's Sport-Ident number at registration. Sport-Ident may be rented from the organizer at 25 SEK per day. Please notice by registration. Lost Sport-Ident card will be claimed at 400 SEK.

Weapons to

rent: There will be some to rent.

Food and Lodging: Suggestions will be found on:

<http://www.vastsverige.com/sv/lillaedet/bo/>

<http://www.vastsverige.com/sv/sodrabohuslan/>.

<http://www.bohuslans-forsvarsmuseum.se/backamo.htm>

Alternative (hard surface in a sporthall. The club house of OK Gipens (Kompassen) at a cost of 75 SEK (breakfast included). Breakfast only 50 SEK.

Services: A small cafeteria at competition centre. (Sandwiches, coffee, lemonades, fruit etc).

Showers at competition centre and in "Kompassen" (indoors).

Official dinner and prize giving will take place in the Club House of OK Gipen at approx 18.30 on Saturday night. Situated 13 km away from competition centre (north in the village of Ström). Exact time will be announced at Competition Centre.

Entry fees: MW up to 16: 70 SEK, MW 18- 150 SEK. All entry fees are per day/competition. Official dinner, prize will be announced later (to be prebooked!) Swedish clubs will receive an invoice. Foreign clubs pay at competition centre.

Entry: **Until August 15th** to Johan Forssten Oxelvägen 50 442 77 Romelanda
johan_forssten@hotmail.com

Organisation: Competition leader: Yngve Nilsson 0708-824848
nilsson.0520652077@telia.com
Gunnar Ljung 070-7527997 Henrik Wenklo 0705594885

Cours directors: Kjell Pettersson, Bengt Johansson and Yngve Nilsson

IBOF technical advisor: Marcus Andersson

Extras: Starting lists and PM on www.biathlonorientering.se

VÄLKOMNA



