



Akademisk
Skytteforening

Open Danish Championship & World Cup

Biathlon Orienteering 2019

**Classic: November 2nd &
Sprint November 3rd**



*Hovedorganisationen for
Personel af Reserven
i Danmark*

Competition Area	<u>Gribskov</u> North of Nødebo in northeastern part of Zealand.
Parking	Søvejen GPS 56.011259, 12.366013 Directions from Gillelejevej/Hvideportvej GPS 56.014508, 12.344525
Map	Gribskov - printed in 2018 Scale 1:10.000 and 1:7.500 - equidistance 2,5 m Map printed on robust synthetic paper.
Terrain	The terrain slopes towards Lake Esrum and is moderately hilly. There is a dense network of tracks and forest roads in the area. There are quite a few marshes but the ground is generally dry and it is not rocky, but muddy areas may appear around marshes. The vegetation varies from open and fast running to areas of dense trees. Some areas with lots of branches on the ground are marked with vertical green lines on the map.
Competition Centre	Placed at the Assembly Area. Will be open from 9 AM.
Distances	Approximately 600 m from the Parking Area to the Assembly Area.
Classes	Individual competitions: W/M-12, W/M-14, W/M-16, W/M-20, W/M21, W/M35, W/M40, W/M45, W/M50 W/M60, W/M65.

Course length	<p>Classic: Location orienteering approx. 3 km. Estimated best winning time (without penalties) M21 100 min. Other classes 80 min.</p> <p>Sprint: Estimated winning time in all classes (including shooting time) is 25 min.</p>
Punching System	<p>SPORTIDENT(SI). Please state number at entry form. SI card can be rented at a fee of 20 DKK per competition day. If a SI card number is not specified at entry form a rental SI card will be allocated. Rental cards will be handed out at start and must be returned immediately after passing the finish line. Competitors failing to return card will be charged a fee of 600 DKK.</p>
Service	<p>There will be a kiosk at the Assembly Area, where you will be able to buy the soup of the day, coffee, tea and cake, and a small selection of pasta salads and sandwiches. Toilets are available at the Assembly Area. A cold bath is possible in the lake nearby.</p>
Accommodation	<p>Accommodation will be possible: Høveltegaard, Ellebækvej 2, 3460 Birkerød. (double room <i>per person</i> 250 DKK (<i>only six rooms</i>) and single room (200 DKK). Accommodation includes bedlinen, sheets and towels. Høje Sandbjerg, Høje Sandbjergvej 12, 2840 Holte. Accommodation area (<i>in total 33 beds, four rooms 8/8/8/9</i>) <i>per person</i> 100 DKK. Please bring sheet and sleeping bag.</p> <p>Note: Please indicate on the entry form what kind of accommodation you prefer. It may be necessary to use both accommodation areas.</p>
Banquet	<p>Will take place Saturday evening. Høveltegaard, Ellebækvej 2, 3460 Birkerød. Price 175 DKK. Please sign up via the enclosed form.</p>
Breakfast / Dinner	<p>It will be possible to buy breakfast and lunch pack Saturday and Sunday at Høveltegaard. <i>Late-night snack can, if noted, be arranged for Friday evening, per person 50 DKK.</i></p>
Weapon	<p>Competitors bring their own weapon and ammunition. Please note: According to the Danish civilian rules for shooting, training and competition a Safety Lock must be present in the weapon when you are not shooting. A limited number of Safety Locks are sold in the kiosk for 20 DKK.</p>

Instruction and Start Lists	Will be published on www.biathlon.dk approximately one week before the competition.
Results	Will be published on www.biathlon.dk shortly after each competition.
Award Ceremony	Saturday: During the banquet Sunday: At the Assembly Area at approximately 01 PM.
Rules	IBOF competition rules valid from may 2017: www.biathlon.dk/images/dokumenter/bestemmelser/ibof-rules.pdf .

Registration

Please use the entry form for all competitions, accommodation and dinner.
Entry forms must be received from each club not later than the **7th of October** by E-mail to pwester79@hotmail.com.

Race Director	Peter M. Wester
Competition Leader	Jørgen Pedersen
Course Setters	Troels Christiansen, Ulrik Nielsen and Peter Werling
Course Control	To be appointed
IBOF Controller	To be appointed
Jury	Ole Christiansen and Hans Mandahl

Enclosures	<ol style="list-style-type: none"> 1. Tilmeldingsskema for danske deltagere. 2. Entry form to be used by competitors / Clubs outside Denmark.
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