



Open Championship And Danish Biathlon cup



Instruction – Classic competition

Maps:

Location orienteering: Haarup sande 1:10.000 for all classes. Equidistance 2,5 m, updated autumn 2021. Maps are plastic coated

Free orienteering: Haarup sande and Silkeborg Nordskov, scale 1:10.000 & 1:7.500. Equidistance 2,5 m, updated Autumn 2021. Maps are printed on waterproof paper

Distance:

From Event centre to start Location orienteering is 1200 m.

Control system:

Emit is used for punching. Rental cards will be handed out from the competition office. Remember to punch between location orienteering and free orienteering. In case of queuing at the shooting range a **wait-start** unit and **Wait-end** unit must be punched.

Restricted areas:

Marked route from parking area must be followed, as well as the marked route to the starting point. Warm up must be done on the route to the starting point.

Start numbers:

All participants have to wear a starting number on the chest. Starting numbers will be handed out from the competition office. Starting numbers according to the starting list.

Refreshment:

Water will be available at the change between location orienteering and free orienteering and at the Event Centre.

Start:

The competitors will be called in 3 minutes before start.

There are three boxes

In the first box your Emit card number will be checked

In the second box control descriptions will be handed out to competitors with an holder.

In the last box the start unit is placed and the maps for location orienteering will be handed out.

Orienteering competition:

Location orienteering – free orienteering – prone shooting – running loop – standing shooting – finish line

Location orienteering:

The route is marked and approx.. 3000 m.

Stations with controls in the route are marked with blue color.

Stations with controls outside the route are marked with yellow color. Positions outside the route is marked with a red/orange control. There will be an IOF description at the station.

There will be color pens and safety pins available at each station.

Orienteering:

Classes and course details are:

| Course | Distance | Controls | Scale | Classes |
|--------|----------|----------|----------|-----------------------------------|
| Lane 1 | 8,9 km | 20 | 1:10.000 | M21 |
| Lane 2 | 6,8 km | 14 | 1:10.000 | W21, M20, M35, M40, M45 |
| Lane 3 | 5,8 km | 13 | 1:10.000 | W20, W35, W40, W45, M16, M50, M55 |
| Lane 4 | 5,3 km | 15 | 1:7.500 | W16, W50, W55, M60, M65 |
| Lane 5 | 4,7 km | 13 | 1:7.500 | W60, W65, M70 |

Shooting range procedure:

First the runner picks up the weapon from the weapon point and brings it to the shooting line to fire 2 x 5 shots in prone position. Then the runner returns the weapon to the weapon point and continue to the marked route for a running loop. After the running loop the runner picks up the weapon at the weapon point and brings it to the shooting line to fire 2 x 5 shots in standing position.

After shooting the runner returns the weapon back to the weapon point and proceeds to the finish line.

Please notice: Entrance to the shooting line is through a door. Inside there are minimum of space so the competitors have to split out to the shooting lane they been told to use. Some competitors will have a little longer distance from the entrance to the shooting line and back again than other competitors - maximum 10 m. This is just how it have to be. See the sketch in the General Instruction

It is not allowed to run when you are carrying your gun!

Security procedures:

For safety reasons, when moving with weapons it is important that the runners carry them with one hand only on the barrel so the barrel is pointing straight upwards.

According to the Danish Civilian rules for shooting training and competition a safety lock must be present in the weapon when you are not shooting.

It is only allowed to insert the magazines and load the weapon at the shooting line.

Finish line:

At the finish line the runner punch the Emit unit and proceed to the point for reading the Emit unit.