

Program
For
Danish Military Sports Federation
Danish & Federal Championships
(Classic and Relay)
In
Biathlon Orientation
5 - 6 October 2023



Organizer

Idrætsforeningen Varde Garrison (abortion)





Welcome

As Garrison Commandant of Varde Garrison and Commander of the Intelligence Regiment, it is my pleasure to welcome all participants to the Danish Championships and DMI's Federal Championships in Biathlon Orienteering.

It is a pleasure to be able to provide support for a convention that greatly accommodates the military disciplines, such as shooting and orienteering.

I hope that the framework in Sdr. Heden Plantage, Varde practice ground, including the shooting range will create the right framework for a fair competition, where good fighting spirit and sportsmanship will characterize the common experiences during the event.

May you all have some good days here in West Jutland.

Sincerely,

L.C. Küseler

Thursday, October 5, 2023

**Danish Championship and DMI Championship in Biathlon Orienteering
CLASSIC 2023**

08:30	Conference secretariat opens at the convention site.
08:45-09:45	Arms control.
09:00-09:40	Insertion.
09:40-09:50	Instruction.
09:50-10:30	Insertion continued.
10:15	First start.
16:00	The competition is expected to end.
18:30	Evening of camaraderie and award ceremony for Classical at YMCA Soldiers' Home in Varde.

Friday d. 6. October 2023

**Danish Championship and DMI Championship in Biathlon Orienteering
Relay 2023**

08:00	The convention secretariat opens at the convention site.
08:30	Arms control.
08:45-1000	Insertion.
10:00-1010	Instruction.
10:30 a.m.	Start HA and DA.
10:45 AM	Start other classes.
14:00	Competitions completed and prize ceremony.

Generally

Race area:

Sdr. Heden Plantation and Varde training ground (O-map Sdr. Heden Plantage, newly drawn).

Event venue:

Varde barracks shooting range. Follow signs from the back gate of Varde barracks (55.6042061, 8.4715208).

Like:

At Varde barracks, Hjertingvej 127, 6800 Varde.

Building 24, 12 man rooms, bed linen and towels are provided.

Note: Only access to Varde barracks with access card to the Danish Defence Establishments (military ID card).

Others are referred to DanHostel Blåvandshuk or Varde Hotel (own payment).

Meals:

YMCA Soldiers' Home is expected to be present at the convention site during the following periods:

- 0900 – 1100
- 1300 – 1500

Communal dining:

Thursday evening at 1830 Companionship Evening is held at the YMCA Soldiers' Home in Varde.

Taken pr. person 150,00 kr. (Grill arrangement med in sodavand).

Please note that alcohol is not allowed.

Weapon:

Weapons must comply with current safety regulations. This is the responsibility of the shooter. Arms control is carried out before individual discipline.

Breast numbers:

Chest numbers are issued at gun control prior to each discipline.

Breast number will be worn visibly throughout the competition.

Transport:

Transport to and from the event is at your own risk. You can park in the large parking lot by the shooting range.

Gun:

Only standard rifle, caliber 22 (5.6 mm) may be used.

Ammunition is carried by the shooter himself.

Insertion is carried out exclusively on cardboard discs. Pitches are allocated per club/nation.

Malfunctions are corrected by the shooter. Clicks may be exchanged (without time compensation).

Unsafe operation of the rifle may result in departure from the shooting discipline.

Rifles are placed in the rifle rack behind the stand when not in use. (Specific space is marked for each start number.)

Traffic in race area/warm-up:

Traffic in the terrain adjacent to the event site is only permitted **in connection with the competition, and only on permitted roads.**

Warm-up may only take place behind the shooting range, as well as the road marked to and from the parking space, as well as on the marked road between the parking space and start Pkt-O.

Discipline instruction:

A brief instruction is conducted before each competition. It is the participant's own responsibility to know the provisions of the DMI Regulations for Biathlon, Chap. 8 (SEP 2022), www.dmif.dk or www.biathlon.dk

Short:

Sdr. Heden Plantage, equidistance 2,5 m:

-Classical:

- P-orientation, 1:10:000 (all classes).
- Free orientation.
- 1:10,000 (HA, HB, YOB, DA and H-JUN)
- 1:7,500 (other classes)

- Relay: 1:7,500 (all classes)

Terrain description:

Varied and primarily military training ground. Consists of larger open areas with limited detail and mixed undergrowth, primarily as mowed or tall grass with scattered vegetation, and slightly hilly areas with many minor details, both in terms of height and vegetation. In general, many tracks from military driving - where the least obvious and newer than 7 days are not drawn on the map - some dirt roads, paths and MTB tracks. The terrain is crossed by public asphalt roads, where special care must be taken.

Control:

Stamping and timing takes place electronically with EMIT system. Participants who are registered with their own EMIT tag bring this to the start. Loan tags are handed out together with the start number. The same piece is used for all competitions. Failure to submit a piece after the last competition will result in liability of DKK 400.00.

Start:

Classical:

- Start interval is 1 min. (2 min. between participants in the same class).

Relay:

- Joint start within the classes.
- Team composition relay can be changed until October 5 at 1600. The team composition is handed over directly to Lars-Ole.

Classic discipline

The discipline shall be conducted as follows:

Point orientation – orienteering – 10 shots lying down – 300 m running – 10 shots standing – finishing.

Transportation to start:

Start PO is located approx. 800 meters from the event site. Follow the cut.

Start procedure:

Evoked 3 min. before starting. At the start moment, maps are handed out for point orientation.

There are loose post definitions with IOF symbols for those who have a holder.

Loose postal definitions are handed out 2 min. before the start.

Postal definitions are printed on the map with IOF symbols.

Local orientation (PO):

The card is laminated and on the back bears the participant number, name and class. The starting location is marked with a red triangle.

The length of the course is approx. 3000 m. and marked with 3-color cutsling.

The track must not deviate more than 5 m. It is not allowed to move back into the lane.

The task consists of mapping/mapping 5 points in the course and 5 points outside the field, and then dotting and marking the goals on the provided map. The marking of the targets must be done within the enclosure at the station point.

The marking is done by needle dot through the card as well as on the back of the card, by drawing a line from the needle dot to the box with the current preprinted number.

The points in the lane are marked with a blue box, and the points outside the lane are marked with a yellow box and sign stick, pointing towards an orange/white mail screen. There is postal description (IOF) for off-field records. Max. Distance to points outside the track is 400 m.

The needle and pen are suspended at the individual station points to be used. For every millimetre mis-dotted, one penalty minute is added to the race time, with a maximum of 10 minutes per goal.

Conversation/cooperation between participants is prohibited and results in disqualification.

At targets for PO, cards are handed in card box, EMIT unit is stamped and card is taken from box marked with class and lane no.

O-race:

It is the runner's own responsibility to check that it is the correct class/card.

From the last post, follow the marking forward to the shooting range.

Fluid:

There will be fluid in the change from PO to shooting/O-running and in the finish. For Men's A orbit, there will also be one fluid entry on the O-lane.

Lane lengths and record count:

Class:	Length, km.	Records	Målestok
Herre A (HA)	9	24	1:10.000
Herre B (HB)	5,1	16	1:10.000
Younger Oldboys (YOB)	6,9	20	1:10.000
I'm a veteran (VET I)	3,1	9	1:7.500
Veteran II (VET II)	3,1	9	1:7.500
Dame A (DA)	5	16	1:10.000
Old Girls (OG)	3,1	9	1:7.500
Herre/Dame Junior (H-JUN)	4	14	1:10.000

Shooting:

From the last post on the O-race, the section is followed to the event site/stand, where 10 shots are fired in a supine firing position. Then run approximately 300 m on a marked route, after which 10 shots are fired in a standing firing position. After finishing shooting, run to the finish. Hits, noted on special scorecards. For each goal not taken, the race time is added 2 minutes.

For the class H/D-JUN: Shooting is done exclusively from the supine position and towards the large disc (11 cm).

Maximum race time including PO and shooting:

On all tracks 180 min., punishment time is not counted!

Relay discipline

The discipline shall be conducted as follows:

Orientation – landscape shooting – orientation – standing shooting – orientation – switch/target.

Encounters are marked on the race card. Untaken goals are honored with penalty round(s).

At the finish, the race card is handed over.

The relay is carried out with 3 man teams for the class H/D. Other classes carry out the relay with 2 man teams.

Start:

10:30 a.m.

Start H/D and DA/DB.

10:45 AM

Start OB/OG and MIX.

Forks on all courses.

When the runner goes into the waiting area for start/change, the EMIT piece must be reset at the entrance and the runner is given a rolled up card with his chest number on it. The card may not be opened until the runner has been dispatched. When runners come in for shifts: o-cards are thrown into boxes at the start of the change zone, stamp target mail and continue to partner sent off by physical touch.

Fluid:

There will be liquid in the target area. Participants are allowed to bring their own liquid at the shooting range.

Shooting:

For each shooting, 5 targets must be taken. The shooter has 8 cartridges to hit the 5 targets, 5 cartridges charged in magazine. The rest is left individually. For every goal not taken, one penalty round is run before continuing in the forest. (The pitch may not be vacated until all 5 targets have been taken or 8 shots have been fired).

Encounters are marked in boxes on the O-Card.

Course lengths and mail numbers (Available on www.biathlon.dk and at the event site).

Class	Length	Poster	Målestok
H/D	5 km	17	1:7.500
OB/OG	3,7 km	13	1:7.500
DA/BD	3,7 km	13	1:7.500
MIX	4,4 km	17	1:7.500

Max. race time:

On all tracks 180 min.

Any after-start is announced with a minimum of 15 min. notice.

Map showing Varde barracks and event site



**Map section
Orientation map
Sdr. Heden Plantage &
Training ground Varde barracks**



