



**On behalf of the Swedish Armed Forces  
and Svenska Mångkampsförbundet  
Dalregementets IF invites you to  
Military match, competitions in the  
World Cup and the Swedish Cup in  
Biathlon orienteering  
May 26 to 28 2017**



**Sprint distance Friday, Classic distance Saturday and Relay Sunday**

**Arena:** Jämmerdalen shooting range, approx. 4km east of Falu city centre. Signposted from road 850 between Falun and Svärdsjö/Sundborn.

**Map:** Lugnet. Scale 1:10 000. Contour intervals 5m. Updated 2015-2016 for 10-Mila 2016. Jämmerdalen Scale 1:10 000. Contour intervals 5m. Older map partly updated. Copyright OK Kåre.

**Terrain:** The competition area is to the main part military training area with a lot of tracks and roads. Moderate to strong hilly terrain. The vegetation is mainly coniferous forest of varying age with mostly good visibility and runability. Some areas with poor to moderate visibility and runability also exist.

**Classes:** Sprint and Classic: M/W 12, 14, 16, 18, 20, 21, 35, 40, 45, 50, 55, 60, 65.

Relay: MW12, 14, M/W 16, 20, 21, For the ages 35+ there will be the classes: M/W70, 95, 120 with the sum of the age of the team members (minimum age 35). All classes will have 2 legs. There will also be a competitor's pool for those who are alone but want to participate in the relay

The organizer will merge classes if there are too few competitors registered to a specific class.

**Course lengths:** Course lengths as per the rules for Biathlon Orienteering. Details will be published in the competition instructions.

**Punching system:** Sportident. SI cards can be rented (make a note at the registration if needed) for a fee of 50 SEK/day. Competitors failing to return the rented SI card will be charged a fee of 500 SEK.

**Weapon:** .22 long. Shooting against self-marking targets. A small number of rifles are available for rent. Fee is 50 SEK/day including a box of ammunition (50 shots). The need to rent a rifle should be noted at registration.

**Adjustment shooting:** On paper targets. Preliminary timeschedule:

Friday start at 14h00

Saturday and Sunday start at 09h00

### **Entry**

At the latest Sunday May 14 via e-mail to [orienteringsskyttedalarna@outlook.com](mailto:orienteringsskyttedalarna@outlook.com) , preferably per club using the separate entry form.

**Late entry:** At the latest on Tuesday May 23 (50% extra entry fee) via e-mail to [orienteringsskyttedalarna@outlook.com](mailto:orienteringsskyttedalarna@outlook.com).

**Fees:**

Sprint and classic M/W18 and older 200 SEK, others 100 SEK

Relay M/W18 and older 200 SEK/leg, others 100SEK/leg.

Invoices will be sent to Swedish Clubs afterwards. Foreign clubs shall pay the registration fees in advance to the following account:

Account owner: Dalregementets IF  
IBAN: SE 49 8000 0816 6198 4109 9469  
BIC: SWEDSESS

**Competition instructions and start lists:** Will be published at the arena and at [www.dalregementetsif.se/](http://www.dalregementetsif.se/)

**Dinner:** Saturday evening. Book together with the registration including need for special diet, price maximum 200 SEK. Detail will come later.

**Service:** There will be a small kiosk at the competition area. If there is a need for it, we will provide children care, make a note of the need at the registration.

**Accommodation:** See <http://www.visitdalarna.se/sv/sodradalarna/bo/>

**Informations:** Karin Stenback [orienteringsskyttedalarna@outlook.com](mailto:orienteringsskyttedalarna@outlook.com) alt +46 737605680 or Anders Malmberg +4670 4446485

**Event officials:**

- Event director: Karin Stenback
- Assist event director: Anders Malmberg
- Course setter free orienteering: Erik Malmberg
- Course setter location orienteering: Karin Stenback and Anders Malmberg

**Welcome!**  
**Dalregementets IF**