





On behalf of Swedish Multisport Federation, **OK** Tisaren invites to World Cup, Swedish Championships and Swedish Cup in Biathlon Orienteering 5th – 7th July 2019

Competition arena Sydnärke motorstadion (approx. 7 km southwest of Hallsberg).

Coordinates: 59.01968,15.04849.

Guidance from road 627 between Hallsberg and Åsbro.

Same arena as at 10MILA 2006.

Competitions Sprint (Friday 5th July, evening): World Cup #7, Swedish Cup #3

Orienteering – prone shooting – orienteering – standing shooting

Mass start (Saturday 6th July): Swedish Championships in Mass start,

World Cup #8, Swedish Cup #4

Orienteering – prone shooting – orienteering – standing shooting

Relay (Sunday 7th July): Swedish Championships in Relay,

the relay is open for all participants

Orienteering – prone shooting – orienteering – standing shooting

The map from OK Tisaren over Knottebo and Åsbro. Revised 2019. Map

Map scale 1:7 500 (sprint), 1:10 000 (mass start and relay) and 5 m equidistance

for all classes.

Terrain The area has a large network of paths and roads, whereby many of the paths

> closest to the arena are used for motocross. These paths have reduced runnability compared to a classical path. Paths like these may have been added and thus not be presented on the map. Most of the map consists of slightly hilly terrain with

elements of moderate hilly in the northeast. Several parts of the map are

characterized by a negative topography. The area is coniferous forest with mostly

good accessibility. Green areas occur to a normal extent.

Sportident. SI Cards can be rented (make a note in the registration) for a fee of 50 **Punching system**

SEK/day. Competitors failing to return the rented SI card will be charged a fee of

500 SEK.

.22 long rifle. Shooting against Kurvinen targets. Adjustment shooting at Weapons

> competition area on paper targets. A small number of rifles are available for rent (stated in connection with the entry). Fee is 50 SEK/day including a box of

ammunition for .22 long rifle.

Simple kiosk/cafeteria at the arena. Toilet at the arena. Shower at the clubhouse **Service**

of OK Tisaren.

Entry

At the latest 2019-06-30 via Eventor or to: mikael.pihel@hotmail.com Invoices will be sent to Swedish clubs after the competitions. Late registration is available until 18.00 o'clock, 2019-07-03, at Eventor or by e-mail mentioned above, for an extra fee of 50 %.

Foreign competitors pay at the competition arena.

Classes and course lengths

According to regulation. Organiser has the right to merge classes with too few participants. Only two legs on the relay for all classes, also in M21. Classes and calculated winning times according to the table below. Time for shooting and penalty loops are not included.

Class	Sprint	Mass start	Relay	Difficulty
M/W 21	18-20 min	60-80 min	30-40 min	Blue
M/W 21 Short	-	30-40 min	-	Violet
M/W 20	18-20 min	50-70 min	30-40 min	Blue
M/W 18	18-20 min	40-55 min	30-40 min	Blue
M/W 16	18-20 min	30-40 min	30-40 min	Violet
M/W 14	18-20 min	25-30 min	25-30 min	Orange
M/W 12	18-20 min	25-30 min	25-30 min	Yellow
M/W 10	18-20 min	25-30 min	25-30 min	White
M/W Open	18-20 min	25-30 min	25-30 min	Yellow
M/W 35	18-20 min	50-70 min	-	Blue
M/W 40	18-20 min	45-65 min	-	Blue
M/W 45	18-20 min	40-60 min	-	Blue
M/W 50	18-20 min	35-55 min	-	Blue
M/W 55	18-20 min	30-50 min	-	Blue
M/W 60	18-20 min	25-30 min	-	Blue
M/W 70	18-20 min	25-30 min	-	Blue
M/W 75	18-20 min	25-30 min	-	Blue
Relay (lowest total age, at least 35 years / person)				
M/W 70			30-40 min	Blue
M/W 95		-	30-40 min	Blue
M/W 120		-	30-40 min	Blue

Adjustment shooting

On the competition range, on paper targets.

Sprint, Friday 5/7, at 16.00 - 17.30

Mass start, Saturday 6/7, at 09.00 – 10.30 Relay, Sunday 7/7, at 08:30 – 10.00

Fees

Individual, up to M/W16 + Open 100 SEK, others 200 SEK. Relay, up to M/W16 + Open 100 SEK/leg, others 200 SEK/leg.

Dinner

Preliminary in the clubhouse of OK Tisaren. More info will come. Registration at

Eventor or e-mail to organiser.

Instructions and start lists

Published at Eventor and the webpage of the association www.orienteringsskytte.se and www.biathlonorienteering.se

Suggestions for accomodation

Hotell Stinsen, Hallsberg, http://hotellstinsen.com/ Talluden, Åsbro, http://talludden.rimmerfors.se/

Per Olof Gården, Åsbro, http://www.perolofgarden.se/se/welcome.html
Pensionat Sundgården, Askersund, http://www.pensionatsundsgarden.se/

Odensvi B&B, Vretstorp, https://www.odensvi.net/

Hästen & Hunden, Kumla, http://www.hastenochhunden.se/

Hagbackens Gård, Kumla, http://hagbackensgard.se/

Competition management

Competition leader Gustav Hindér, 076-344 63 21, and course setter gustav.hinder@gmail.com

Shooting range leader Hans Mandahl, 070-527 18 32

mandahl.hans@gmail.com

Competition administration Mikael Pihel,

mikael.pihel@hotmail.com

WELCOME!!!









