



IFK Tumba SOK Invites to Swedish championships and World Cup competitions 2-4 Juni 2023



Competition Center

Berga Marine Base Haninge about 25km south of Stockholm

Map

Berga 1:10000 contours 5m Updated 2021 Drawn 2017 for a 25-Manna relay that never got to be.

Terrain

Slightly hilly forest with over all good visibility and runability, mostly pine forest typical for the coastal area south of Stockholm.

Classes and Course lengths

According to rules, organisers will merge classes if to few competitors.

Class	Classic distance SM and WC	Sprint SM and WC	Relay	Difficulty
M/W 21	45-60 min	18-20 min	30-40 min	Blue
M/W 20	40-55 min	18-20 min		Blue
M/W 16	30-40 min	18-20 min		Violet
M/W 14	25-30 min	18-20 min		Orange
M/W 12	20-25 min	18-20 min		Gul
M/W 10	20-25 min	18-20 min		Vit
M/W 35	40-55 min	18-20 min		Blue
M/W 40	35-50 min	18-20 min		Blue
M/W 45	35-50 min	18-20 min		Blue
M/W 50	35-50 min	18-20 min		Blue
M/W 55	30-45 min	18-20 min		Blue
M/W 60	30-40 min	18-20 min		Blue
M/W 70	25-35 min	18-20 min		Blue
M/W75	25-35 min	18-20 min		Blue
Öppen 4km				Blue
Öppen 3km				Orange

Punching sytem

SportIdent, State Si Card number when registrating.

2 June, Relay

Registration shooting on Paper target starting at 15:00

3 June, Classic

Registration shooting on Paper target starting at 09:00

4 June, Sprint

Registration shooting on Paper target starting at 09:00

Rental Rifles

Will be available state need in registration.

Fee 50 kr/day (rifle + 50 shoots)

Accomodation

Hostel:

<https://www.horsfjarden.se/>

<https://brandbergensvandrarhem.se/>

Camping with cabins:

<http://www.ostnoracamping.nu/>

Hotel:

https://www.nordicchoicehotels.se/?utm_campaign=regular-pictures&utm_medium=organic&utm_source=googlemybusiness

Fees

Relay 750 SEK per Team

M/W18 and older Sprint 250 SEK, Others 120 SEK

M/W18 and older Klassisk 250 SEK, Others 120 SEK

Rental Si card 20SEK/day. (Lost SI-card will be charged with 500 sek.)

Fees to be paid upon arrival or to:

Account: 337840-3

IBAN: SE17 9500 0099 6042 0337 8403

BIC-kod: NDEASESS

Account owner: IFK TUMBA SKID- OCH ORIENTERINGSKLUBB

Information

tmok_olskytte@hotmail.com or alternativly telefon +46 72-711 93 81 (Johan Eklöv)

Registration

Senast onsdag 20230528.

Competitors representing a Swedish club through [Eventor](#).

Competitors representing a Swedish club who is not registered member in SMKF can still compete but will then become members of the club "föreningen Orienteringsskytte sverige" and then represent that club.

Competitors not representing a Swedish club can register via Email:

tmok_olskytte@hotmail.com

Late registration: No later than Wednesday 1 June at a 50 % increased fee by e-mail to

tmok_olskytte@hotmail.com.

PM and Startlist: at the arena and on Eventor.

Organizers

Tävlingsledare, Terese Eklöv

Banläggare, Johan Eklöv,

Ban- och Tävlingskontrollant, TMOK